

Calendar of Important Milestones for Well-Checks

Having a child is one of the greatest joys of life, and raising them to be healthy and develop normally is your top priority as a parent. To ensure your child's health and wellbeing, making sure they visit their care provider for their regular well-checks is very important. It might be a little overwhelming to remember all of your child's milestone well-checks, though, so we created a helpful list to keep track of them all!

Birth To 4 Years of Age



- **WEIGHT CHECK**
- **JAUNDICE CHECK**
- **METABOLIC SCREENING**
- **FEEDING ISSUES**
- **NEWBORN VACCINES**
(based on care provider's recommendations, following CDC immunization schedule)*
**Hepatitis B – 1st dose*
- **PARENT VACCINES**
(if necessary)



- **WEIGHT CHECK**
- **PHYSICAL EXAM**
- **NEWBORN VACCINES**
(based on care provider's recommendations)



- **WEIGHT CHECK**
- **PHYSICAL EXAM**
- **VACCINES**
(based on care provider's recommendations, following CDC immunization schedule)*
**Hepatitis B – 2nd dose*



- **PHYSICAL EXAM**
- **GROWTH & DEVELOPMENT ASSESSMENT**
- **VACCINES**
(based on care provider's recommendations, following CDC immunization schedule)*
**RV, TDaP, Hib, PCV13, IPV – 1st dose*



- **PHYSICAL EXAM**
- **GROWTH & DEVELOPMENT ASSESSMENT**
- **VACCINES**
(based on care provider's recommendations, following CDC immunization schedule)*
**RV, TDaP, Hib, PCV13, IPV – 2nd dose*

6
MONTHS

- PHYSICAL EXAM**
- GROWTH & DEVELOPMENT ASSESSMENT**
- VACCINES**
(based on care provider's recommendations, following CDC immunization schedule)*
*HepB, TDaP, PCV13, IPV – 3rd dose

9
MONTHS

- PHYSICAL EXAM**
- GROWTH & DEVELOPMENT ASSESSMENT**
- FINGER STICK TO EXAMINE HEMOGLOBIN**
- VACCINES**
(based on care provider's recommendations, following CDC immunization schedule)

1
YEAR

- PHYSICAL EXAM**
- GROWTH & DEVELOPMENT ASSESSMENT**
- TUBERCULOSIS TEST**
(based on care provider's recommendation),
- VACCINES**
(based on care provider's recommendations, following CDC immunization schedule)*
*PCV13 – 4th dose
*Hib – 3rd or 4th dose
*MMR, VAR – 1st dose
*HepA – 2-dose series

15
MONTHS

- PHYSICAL EXAM**
- GROWTH & DEVELOPMENT ASSESSMENT**
- VACCINES**
(based on care provider's recommendations, following CDC immunization schedule)*
*TDaP – 4th dose

18
MONTHS

- PHYSICAL EXAM**
- GROWTH & DEVELOPMENT ASSESSMENT**
- VACCINES**
(based on care provider's recommendations, following CDC immunization schedule)*
*HepB, IPV – 3rd dose
*DTaP – 4th dose

2
YEARS

- PHYSICAL EXAM**
- GROWTH & DEVELOPMENT ASSESSMENT**
- LEAD SCREENING**
- VACCINES**
(based on care provider's recommendations)

2½
YEARS

- PHYSICAL EXAM**
- GROWTH & DEVELOPMENT ASSESSMENT**
- VACCINES**
(based on care provider's recommendations)

3
YEARS

- PHYSICAL EXAM**
- GROWTH & DEVELOPMENT ASSESSMENT**
- VACCINES**
(based on care provider's recommendations)

4
YEARS

- PHYSICAL EXAM**
- GROWTH & DEVELOPMENT ASSESSMENT**
- VACCINES**
(based on care provider's recommendations)

THE FIRST 4 YEARS OF A CHILD'S LIFE ARE VITAL FOR SETTING THEM UP FOR A HEALTHY LIFETIME.

After your child's 4 year-old well-check, it's important to schedule them for recurring annual check-ups. These annual well-checks will continue to help ensure your child is healthy and developing properly.